

# Progress Evaluation - Fitness Coordinator

| Evaluation Area          | Description   | Score (1-5) |
|--------------------------|---|-------------|
| 1. MyZone Management     | Equipment maintenance, handling special situations, managing credits, and group communication |             |
| 2. Statistical Tracking  | Monthly stats reporting, class attendance tracking, and PT session monitoring                 |             |
| 3. Member Activation     | Communication with potential members, managing sign-up process, and MyZone band setup         |             |
| 4. PNOE Testing          | Test facilitation, device maintenance, and community promotion                                |             |
| 5. Fitness Challenges    | Creating and executing challenges, developing marketing and follow-up systems                 |             |
| 6. Patient Communication | Addressing PT questions, following up with patients, and handling therapy inquiries           |             |
| 7. Patient Assessment    | Conducting initial PT consultations and fitness level testing                                 |             |
| 8. Wellness Coordination | Communication with DC about patient progress and concerns                                     |             |
| 9. PT Session Management | Tracking and managing paid personal training sessions   |             |
| 10. Initial Consultation | Conducting and tracking initial PT consultations (no charge)                                  |             |
| <b>Total Score:</b>      | /50   |             |
|                          |   |             |

**Comments and Development Plan:**

Evaluator: \_\_\_\_\_ Date: \_\_\_\_\_

Employee: \_\_\_\_\_ Date: \_\_\_\_\_